



## National Drug Strategy

This service is funded through the National Drug Strategy, Reducing Harm, Supporting Recovery (2017 – 2025), to implement a health-led harm reduction approach towards working with families.

## Finglas Cabra Local Drug and Alcohol Task Force

This service was developed and operates under the umbrella of Finglas Cabra Local Drug and Alcohol Task Force.

Funding via HSE Social Inclusion, CH09, Dublin North City and County.

## Contact details

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Family Support Coordinator

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Family Health Worker

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### Contact numbers:

Family Support Coordinator – **087 2270433**

Family Health Worker – **087 6199224**



This is a free and confidential service

# An Rogha Eile

## Another Choice

# {SAFE SPACE}

WE STAND WITH YOU

### Finglas Cabra LDATF Family Support Service

Family Support Coordinator – **087 2270433**

Family Health Worker – **087 6199224**

An Rogha Eile offers a **safe space** where family members can become empowered and **build resilience** while coping with the impact of problem drug and alcohol use in the family.



*Support is offered initially on an individual basis but can move to group support over time.*

*The service is confidential and non-judgmental. Seeks to identify effective coping strategies beneficial to all family members.*

*Offers access to factual information on the health and social impact of drug and alcohol use on families.*

*Support family members to access addiction treatment and recovery services. Referral and liaison with all health and social services including housing.*

## Family Support Coordinator

Family Support Coordinator - this role involves the provision and development of services to help:

- A. Individuals with substance use issues cope with their parenting role.**
- B. Members of the wider family cope with problems and stresses arising from substance use problems experienced by a family member.**
- C. Liaison with drug debt intimidation support**

## Family Health Worker

The role of the family health worker is to work with pre- and post-natal parents with substance use related issues to reduce the impact of this on their health and that of their children.

The Family Health Worker targets parents with children in the 0 - 8 age range.

## Forms of support provided to families

- **Case support**
- **Women's health information**
- **Parenting skills**
- **Group support**

## Main models of intervention used by the service

- **Parents Under Pressure**
- **5 Step Method**
- **Non-Violent Resistance**
- **Triple P**

## Partnership

Core to the service is working in partnership with all relevant services to achieve positive outcomes for families affected by problematic substance use.